





I'M GOING **DIGITAL!**



Seniors Go Digital Activity Pack 1 (Communication, Digital Government Services and Cybersecurity)

Pick up digital skills with the help of our Digital Ambassadors and track your progress with our gameboard. Deepen your learning online and participate in various programmes.

WhatsApp • Telegram • Gov.SG • Wireless@SGx • Email • Zoom • Google Translate Google Maps • ComfortDelGro • Grab Transport • MyTransport.SG • TL SimplyGo EZ-Link • HealthHub • Singpass App • LifeSG App • NLB Mobile App • meWATCH • meLISTEN • Facebook • Instagram • TikTok • Staying Safe Online

Find Out More





sdo.gov.sg



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✓ INFO@imda.gov.sg



any unverified links) (e.g. do not open **buidsing** no security tip 2pake a



GO DIGITAL!

SafeEntry check in to Singpass app to and login to du teč



Frace Together Know how to use

to set strong passwords

Singpass app SMS 2FA for register for

authentication

(Two-factor

friend Refer



Set up NLB Mobile app

Set up and login to LifeSG app

Know how

Know how to



your preferred digibank app Download

scan QR Code for SafeEntry Know how to

set up an

video meeting connect to a Know how to

Connect to Wireless@SGx

channel for WhatsApp to Gov.sg Subscribe

Make voice or video calls

messages Send text or voice





Sign up for a Learning Journey of your choice

Know how to make SGQR payment on your preferred mobile payment app

Set up your PayNow service



WELCOME!

way to going digital!

LET'S MAKE THE

DIGITAL CONNECTION.

Try your hand at completing this game board, and you're on your

But if you need some help at any time, don't worry! Just approach our Digital Ambassadors at selected public libraries or community centres and they will help you along your learning programme.

So keep this activity pack handy and enjoy your digital journey!



Starter Kit on WhatsApp

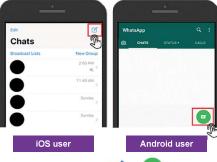


DID YOU KNOW?

You can use WhatsApp to send text messages and voice messages, make voice and video calls, and share user locations and media with your families and friends!

STEP 1 Install the WhatsApp app on your mobile phone and add contacts

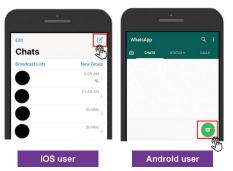
Go to the **Apple App Store** Apple or Google Play Store > to download the WhatsApp app and launch the application.



2. For both iOS and Android users, tap on 'New Contact' to add a new contact.



STEP 2 Send WhatsApp messages via keypad

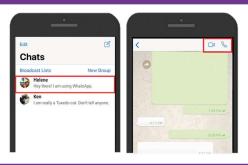


3. To start a new chat, tap on the chat 🧹 or 💶 icon. 4. Select the contact you wish to chat with.



Type your message and tap on 🕞 to send.

STEP 3 Make a WhatsApp voice call and video call



- **5.** Select the contact you wish to chat with.
- 6. Tap on the 📞 icon to make a phone call.
- 7. Tap on the \(\bigcap_0\) icon to make a video call.



- Block unknown users that send you unsolicited chats.
- Do not open or download any unverified links and attachments from unknown sources.
- Do not disclose personal or financial information over WhatsApp.









Starter Kit on Telegram



DID YOU KNOW?

Public groups can be joined by anyone and are powerful platforms for discussions and to disseminate information!

STEP 1 Install the Telegram App on your mobile phone and add contacts

Go to the **Apple App Store** or **Google Play Store** to download the **Telegram App** and launch the application.





1. Tap on the icon.

2. Tap on 'New Contact' to add a new contact.

STEP 2 Send Telegram Messages via keypad and make video/voice call



3. To start a new chat, tap on the chat icon.



4. Select the contact you wish to chat with.



5. Type your message and tap on the arrow icon to send message.



You can also tap on the contact's name to access the call and video functions.

STEP 3 Join a Telegram channel



7. Search for a telegram channel via the search bar.



8. Type in '**food**' and tap on the channel that you want to join.



9. Tap on 'Join' and you will be able to follow the channel for exciting offers!

Useful Channels:

@GovSG @CNALATEST @SGFOODDEALS

@SGCAREERS

Cyber security tips (Credit: CSA Singapore / GoSafeOnline)

- Block unknown users that send you unsolicited chats.
- Do not open or download any unverified links and attachments from unknown sources.
- Do not disclose personal or financial information over Telegram.









Starter Kit on Gov.sq



DID YOU KNOW?

You can subscribe to the Gov.sg WhatsApp service on your mobile phone to receive updates on COVID-19 situation in Singapore, "Factually" clarifications on fake news and other important government announcements.

STEP 1 Sign up for Gov.sg WhatsApp at go.gov.sg/whatsapp

Open any internet browser (e.g. Safari, Chrome) on your mobile phone and enter the web address:

go.gov.sg/whatsapp

Fill in your name, mobile number, age range and indicate your language preferences. (You may indicate multiple languages)





1. Scroll to the bottom and tap on 'Submit' to complete your subscription.

STEP 2 Stay updated with Gov.sg WhatsApp

Do ensure you already have the WhatsApp app in your mobile phone.

You will receive a push notification upon successful subscription.



The illustrations above are taken from iPhone interface.

STEP 3 Stay updated on the Gov.sg website, Facebook, YouTube, Instagram



Gov.sg Factually: Read about the latest clarifications on fake news regarding Government policies.



Gov.sg YouTube: Catch up on the latest Gov.sg series, explainers on Government policies, and more.



- Avoid broadcasting unverified 'news' to your family and friends.
- Do not open or download any unverified links from unknown sources.









Starter Kit on Wireless@SGx



DID YOU KNOW?

You can surf the internet for FREE island wide using Wireless@SGx, Singapore's largest free Wi-Fi network that offers seamless and secure wireless connectivity and unlimited data usage.

Find out more at go.gov.sg/ConnectWSGx

STEP 1 Install the Wireless@SGx app on your mobile phone

Go to the **Apple App Store**or **Google Play Store**to
download the Wireless@SGx
App and launch the application.



1. Click 'Let's Go' to start the configuration on your mobile phone.



2. Read the Terms and Conditions and click 'Accept & Continue'.

STEP 2A Set up Wireless@SGx connection on mobile phones with SIM cards





iOS users will be redirected to install a Wi-Fi profile in their devices. Follow the prompts to complete the configuration



3. Allow the app to access your location.

The illustrations above are taken from iPhone interface.

STEP 2B Set up Wireless@SGx connection on mobile phones without SIM cards



4. In the app, select "More" and "Setup".

Choose any service provider and enter your date of birth and local mobile number.





Complete the registration by entering the One-Time-Pin (OTP) that you received via SMS.



- Log out of your Wi-Fi connection or accounts after use.
- Clear browser's cache and internet history after each session.
- Beware of "free" Wi-Fi hotspots masquerading as a legitimate source. Once you have set up Wireless@SGx, you should not manually connect to any Wireless@SG network, and instead let the device connect automatically to the legitimate Wireless@SGx network.









Starter Kit on Email



DID YOU KNOW?

You can use Email to send and receive messages across the Internet anywhere, anytime. It is fast and efficient as users can create and send a message within minutes and interact with multiple people at the same time.

STEP 1 Install the email app on your mobile phone

Go to the **Apple App Store** App Store or Google Play Store and download your preferred mobile apps. Examples:

Email

Gmail



Outlook 0 7



Yahoo



STEP 2 Register for an email address



After you have successfully installed the email app, launch the app and follow these steps:

- 1. Enter your particulars such as name, date of birth, etc.
- 2. Enter your preferred email address and create a strong password.
- Enter your mobile number (optional) as an added verification.
- 4. You will receive a welcome email in your inbox. Open the email and start exploring your account!

Compose and send an email



Tap on '+' button to compose an email.



6. Fill in the email address of recipient(s) in the 'To' field.

> Tap on the arrow down icon to display the CC and **BCC** respectively.



7. Type in the message you would like to send and tap on the > icon to send out the email to the recipient(s).

Note: Different email mobile apps may have different icons.



- Always check the source of the email. Do not click on any suspicious link(s) or attachments in the email body.
- Do not disclose personal or financial information over the email.
- When available, do enable 2-factor authentication (2FA) as an additional layer of verification.









Starter Kit on Zoom



DID YOU KNOW?

You can use Zoom to organise or join a virtual meeting or webinar from the comfort of your home!

STEP 1A Install the Zoom app on your mobile phone

Go to the **Apple App Store**or **Google Play Store**to
download the Zoom app and
launch the application.

- 1. For iOS users, tap on 'Get' to download the app.
- 2. For Android users, tap on 'Install' to download the app.



STEP 1B Join a Zoom virtual meeting or webinar with a mobile phone

Click on the Zoom link sent to you via email or through an instant message.



Enter your name, connect to audio and turn on your video. Tap 'Join Meeting'.



4. Enter the meeting password and tap 'Continue'.



5. Tap 'Ok' to allow Zoom to access your camera. Select 'Join with video'.



Tap 'Ok' to allow Zoom to access your microphone.

STEP 2 Join a Zoom virtual meeting or webinar with a computer

Click on the Zoom link sent to you via email or through an instant message.



Click 'Click here' and select 'Join from your browser'.



8. Enter the meeting password and your name. Click '**Join**'.



9. Please wait for the host to grant you access into the webinar.

You do not need to sign up for a Zoom account to join a Zoom virtual meeting or webinar. You will need a Zoom account if you would like to organise a virtual meeting or webinar.



- Do not disclose personal information online.
- Do not share Zoom virtual meeting/webinar links and passwords with someone who is not invited to the session.
- Do not share sensitive files or hold sensitive discussions.
- Do not open or download any unverified links and attachments from unknown sources in the chat function.









Starter Kit on Google Translate



DID YOU KNOW?

You can translate the languages even without an internet connection. Just remember to tick **translate offline** when you see it.

STEP 1 Install the Google Translate App on your mobile phone

Go to the Apple App Store Apple or Google

Play Store to download the Google

Translate App and launch the application.

- 1. For iOS users, tap on 'Get' to download the app.
- 2. For Android users, tap on 'Install' to download the app.

STEP 2A Use written or typing mode



Select main language and language to be translated to. Click Finish once selections are made.



4. Enter the phrase or words you want to communicate or tap on _____ to access the **writing** function.



5. If using handwriting function, write the word that you want to translate in the blank box on the lower half of the screen.



6. The phrase will be automatically translated. E.g. Key in hello, Tap on 你好to proceed.

STEP 2B Using Camera Mode



Tap on the and allow access to the camera feature.



8. By default, you will begin with **Instant** when accessing Camera Mode. Align your phone camera to translate the text instantly.



9. Tap on to access the import function, where you can select images from your phone gallery to translate.



- Always update your devices and applications to keep them safe from known security vulnerabilities.
- Google Translate should never be used for translating highly sensitive content that
 contains personal data or other important information whether you are using secured
 or unsecured network. Once you enter the text in the tool, it becomes the property of
 Google, and they can use the data at their discretion.









Starter Kit on Google Maps



DID YOU KNOW?

You can download an offline map so that you can search for directions without the internet!

STEP 1 Install the Google Maps App on your mobile phone

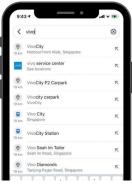
Go to the **Apple App Store** or **Google Play Store** to download the **Google Maps App** and launch the application.

- 1. For iOS users, tap on 'Get' to download the app.
- 2. For Android users, tap on 'Install' to download the app.

STEP 2 Launch the app to start planning your journey



3. Search for your destination.

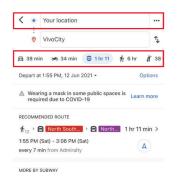


4. Select the exact location.



5. Tap on "Directions".

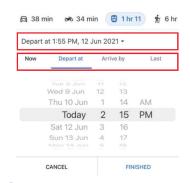
STEP 3 Tap on Directions to find the fastest route to your destination!



6. Enter your starting point and choose the different modes of transportation.



This is what you'll see when you tap on recommended routes.



8. You can also set your preferred timing to depart or arrive at a certain timing.



- Always update your devices and applications to keep them safe from known security vulnerabilities.
- Allow access to location services features selectively. Share location only with those you trust.
- Disable options that allow the app to share your location on your behalf.









Starter Kit on ComforDelGro



DID YOU KNOW?

ComfortDelGro taxi booking app has multiple cashless payment methods for you to choose from - CabCharge, Credit Card, NETS and Paylah.

Install the ComfortDelGro App on your mobile phone

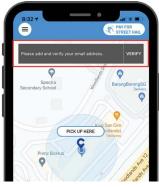
Go to the **Apple App Store** Apple or **Google** Play Store >> to download the ComfortDelGro App and launch the application.

- 1. For iOS users, tap on 'Get' to download the app.
- 2. For Android users, tap on 'Install' to download the app.

STEP 2 Sign Up and register for ComfortDelGro



- 3. Key in your mobile number.
- COMFORTDELGRO Enter the 4 digits code sent to +65 XXXX XXXX EDIT
- 4. Enter the OTP that was sent to your phone.



5. Tap on verify to add and verify your email.

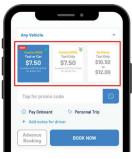


6. Enter OTP that was sent to your email for verification.

STEP 3 Book a ride through the app



7. Key in your preferred destination here.



8. You can select metered or fixed fee ride to reach your destination.



9. Tap on 'Pay Onboard' to pay onboard or link your card for cashless payment.



10. Tap on ' **+ Add** Payment Mode' to link your cards.



11. Tap on 'Book Now' to make your booking.

- Never disclose your OTP, password or other personal details with anyone or unknown
- Do not give any personal details to unknown websites or apps claiming to be ComfortDelGro.
- Allow access to location services features selectively. Share location only with those you trust.









Starter Kit on **Grab Transport**



DID YOU KNOW?

Grab offers a range of ride options for commuters to choose from, such as choice of vehicles that are kid friendly, wheelchair accessible, pet friendly.

STEP 1 Install the Grab App on your mobile phone

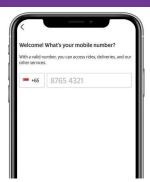
Go to the Apple App Store Apple or Google Play Store >> to download the Grab App and launch the application.

- 1. For iOS users, tap on 'Get' to download the app.
- 2. For Android users, tap on 'Install' to download the app.

STEP 2 Sign Up and register for Grab



3. Tap on 'New to Grab? Sign up!' to create an account.



4. Provide your mobile number. A 6-digit verification code will be sent to the mobile number to activate account.



5. Enter the 6-digit verification code that was sent to you.

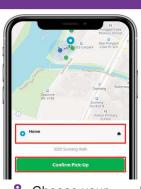


6. Tap on '**Transport**' to start booking.

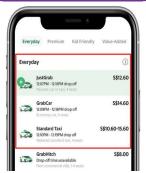
Book a ride through the Grab app STEP 3



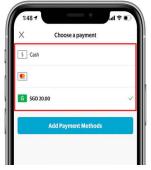
7. Type your destination in the box. Choose your preferred alighting point.



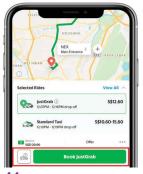
8. Choose your pick-up location and tap on Confirm Pick-Up'.



9. Tap on 'View All' and 10. Choose your choose your preferred ride option. The fares and estimated journey durations for all options will be shown.



preferred payment method - by Cash, Debit Card or GrabPay.



11. Once you have selected your preferred ride and payment method, tap on 'Book'.

- Set up a 6-digit GrabPay PIN to keep payments more secure.
- Never disclose your OTP, password or other personal details with anyone or unknown websites.
- Do not give any personal details to third-party websites or apps claiming to be Grab. All requests for information needed for verification purposes will take place within the Grab app.









Starter Kit on MyTransport.SG



DID YOU KNOW?

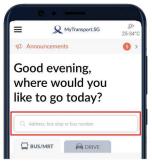
Enjoy fuss-free planning of your iournevs using real-time information and customized alerts from the MyTransport.SG app!

Install the MyTransport.SG App on your mobile phone

Go to the **Apple App Store** Apple or Google Play Store >> to download the MyTransport.SG App and launch the application.

- 1. For iOS users, tap on 'Get' to download the app.
- 2. For Android users, tap on 'Install' to download the app.

Enter the Address, Bus Stop or Bus Number to STEP 2 plan your journey



Tap on the search box.



4. Enter the **address** you are heading to and tap on the correct address from the list of suggestions.



5. Enter the bus stop number and tap on the correct bus stop from the list of suggestions.



6. Enter bus number and tap on the correct bus from the list of suggestions.

Choose your preferred Journey Options



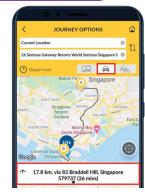
7a. For public transport, select your preferred transport mode (bus only, MRT only, or combined).



7b. Tap on your preferred option to view journey route on the map.



7c. Tap and hold on the bar and swipe up to access details of the journey.



8. For **driving mode**, tap on the car icon. Swipe right from bottom of the screen to view different plausible routes.



- · Always update your devices and applications to keep them safe from known security vulnerabilities.
- Allow access to location services features selectively. Share location only with those you trust.
- Disable options that allow the app to share your location on your behalf.









Starter Kit on TL SimplyGo



DID YOU KNOW?

TL SimplyGo allows you to seamlessly keep track of your payment transactions on public transport. You can also check real-time bus arrival timings through the app!

STEP 1 Install the TL SimplyGo App on your mobile phone

Go to the Apple App Store App or Google

Play Store to download the TL SimplyGo

App and launch the application.

- 1. For iOS users, tap on 'Get' to download the app.
- 2. For Android users, tap on 'Install' to download the app.

STEP 2 Sign Up and register for TL SimplyGo



Tap on 'Create Account' at the bottom of the page.



4. Enter your email address, Password, Name and Mobile Number.



5. To accept the terms and conditions, check on the first checkbox and tap on 'Register'.



6. Enter the **OTP** that was sent to your mobile number and tap on '**Submit**'.

STEP 3 Set Up and Link your card on TL SimplyGo



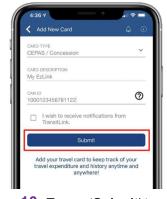
7. On the homepage, tap on 'Add Card'.



Tap on the down arrow to choose the type of card you want to add.



Enter a description and CAN ID for this card.



10. Tap on 'Submit' to finish the process.

*Refer to back of CEPAS Card for CAN ID.

- Download apps only from official sources.
- Remember to update your software regularly to protect your devices from known security vulnerabilities.
- · Never disclose your OTP, password or other personal details with anyone or unknown websites.









Starter Kit on EZ-Link app



DID YOU KNOW?

You can use the EZ-Link app to conveniently top-up your card at the comfort of your home, check the transactions and card balance of your cards. Download the app today to find out more!

STEP 1 Install the EZ-Link App on your mobile phone

Go to the **Apple App Store** or **Google Play Store** to download the **EZ-Link App**and launch the application.

- 1. For iOS users, tap on 'Get' to download the app.
- 2. For Android users, tap on 'Install' to download the app.

STEP 2 Launch the app, sign up and register for an account



3. Launch the app and tap on **Register** to create an account.



4. Type in your **name**, **Email** and current **mobile number**. Tick the terms & condition check box. Click **Next**.



5. Enter the **OTP** that was sent to your phone.



 Create a New Password, repeat password under Repeat New Password. Tap Next and you are Done!

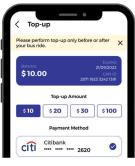
STEP 3 Express Top up for NFC enabled Devices



7. Select Express Top up Option and key in CAN ID.



8. Selects Top-up option in card detail page.



Selects preferred amount for Auto Top-Up.



10. Syncs card to the device's NFC location.



11. Balance is updated with top up amount.



- Remember to update your software regularly to protect your devices from known security vulnerabilities.
- · Never disclose your OTP, password or other personal details with anyone or unknown websites.









Starter Kit on HealthHub App



DID YOU KNOW?

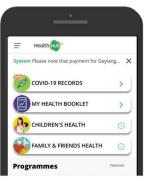
With HealthHub, you can keep track and manage your appointments, view discharge information from your stay at a public hospital/healthcare institution and other health services all in one app.

STEP 1 Install the HealthHub app on your mobile phone

Go to the **Apple App Store** or **Google Play Store** to download the **HealthHub app** and launch the application.

- **1.** For iOS users, tap on '**Get**' to download the app.
- **2.** For Android users, tap on '**Install**' to download the app.

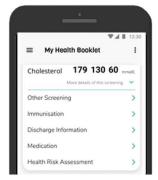
STEP 2 Log in HealthHub app with Singpass



Select 'My Health Booklet' from the menu.

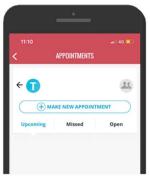


4. Log In securely via Singpass.



5. Choose the e-Service you wish to access.

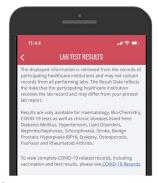
STEP 3 Manage your health anytime, anywhere!



6. Keep track and manage your medical appointments.



View your prescription records and keep track of what medication you are/were on.



8. View your latest lab test results.



- Do not disclose your Singpass login details to others as it can lead to unauthorised access to your accounts and personal information.
- Download apps from official sources.









Starter Kit on Singpass app



DID YOU KNOW?

As your trusted digital identity, the Singpass app lets you easily prove your identity when accessing services online and in person, and keep your important information on hand.

Download the Singpass app on your smartphone

Go to the Apple App Store , Google Play Store > or HUAWEI AppGallery to download the Singpass app. Check that the app developer is Government Technology Agency.

- 1. For iOS users, tap on 'Get' to download the app.
- 2. For Android and Huawei users, tap on 'Install' to download the app.

STEP 2 Complete a one-time setup

During setup, you will need:

- 1. Internet connection
- 2. Singpass ID and password
- 3. If applicable, your existing 2FA (e.g. SMS One-Time Password).



3. Check your details on your Authentication Certificate.



4. Set up passcode and/or enable fingerprint / face authentication.



5 .Read the instructions on how to log in to services.

STEP 3 Use the Singpass app to access services

Log in to digital services using Login Shortcuts



6. Scroll down to the login shortcuts after launching the Singpass app.



7. Tap on the digital service that you want to access.

> Tap on "View all shortcuts" to see the full list of shortcuts

Your last used shortcuts are displayed for easy access!



8. Verify your identity using fingerprint, face or passcode.



9. You've logged in to the service on your mobile browser! Remember to log out of the digital service after transacting.

Prove identity over counters



Present your Digital IC in the Singpass app at government counters for in-person agency services.

Call Singpass helpdesk at +65 6335 3533 if you require assistance



- Do not disclose your login details to others as it can lead to unauthorised access to your accounts and personal information.
- Only register your own fingerprint and facial data on your smartphone.
- Always log out of the digital service when you are done with your transaction.









Starter Kit on LifeSG App



DID YOU KNOW?

With LifeSG, you can find government benefits that are relevant for you, search for activities and events near you and access most-used government services all in one app.

STEP 1 Install the LifeSG App on your mobile phone

Go to the **Apple App Store**or **Google Play Store**to
download the **LifeSG app** and
launch the application.

- 1. For iOS users, tap on 'Get' to download the app.
- 2. For Android users, tap on 'Install' to download the app.

STEP 2 Log in LifeSG app with Singpass



3. Launch the LifeSG app and follow the on-screen steps to begin.



4. Log in with your Singpass to view information and services personalized for you!



5. Select your preferred language and start using the LifeSG app!

Note: Your Singpass ID is your unique identifier that allows the app to verify your ID and keep your information safe.

STEP 3 Access the 3 Key Features in LifeSG App



6. Access your MG e-card and view available discounts and benefits available for you.



7. Get notified about the latest government schemes and benefits you are eligible for.



8. View and sign up for the latest active ageing programmes near you.



Cyber security tips (Credit: Content provided by GOVTECH Singapore)

- Do not disclose your Singpass login details to others as it can lead to unauthorised access to your accounts and personal information.
- Download apps only from official sources.









Starter Kit on NI B Mobile



DID YOU KNOW?

The NLB Mobile app is your personal digital library. Access eBooks, eMagazines, eNewspapers and eLearning with ease. You can also check your account or borrow physical items just by scanning their barcodes with your mobile device!

STEP 1 Install the NLB Mobile app on your mobile phone

Go to the Apple App Store Apple or Google Play Store to download the NLB Mobile apple and launch the application.

- 1. For iOS users, tap on 'Get' to download the app.
- 2. For Android users, tap on 'Install' to download the app.

STEP 2 Sign in using myLibrary ID*

*myLibraryID is an NLB username that allows you to access all digital library services. It is **NOT** your NRIC. Questions about myLibrary ID? Go to this website: go.gov.sg/mylibrary.



- Enter your myLibrary ID (without any spacing) and password. If you do not have a myLibrary ID or are not sure if you have one, tap on "Register Here".
- ** Impact themset upon misses

 IMPLIDICITY

 Account Services

 Use the devices to:

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 device or wise th
- **4.** Use your NRIC number or Singpass to recover or create your myLibrary ID and password.



5. The first time you start the app, you need to type in a name for yourself. You can use your real name or a nickname.



6. The first time you use the app, you can select up to 3 of the libraries you like to visit.

STEP 3 Browse and borrow eBooks, and read free local eNewspapers!



7. To browse eBooks, you can view the 'eBooks' section. To read eNewspapers, tap on the 'SPH Newspapers' icon.



8. Tap 'Proceed' at the SPH Newspapers page.



Tap on the logo of the local SPH newspaper you wish to read.



10. Scan this QR code or go to go.gov.sg/ nlb-video-guides for step-by-step videos on how to use the NLB Mobile app!



- · Download apps only from official sources.
- Remember to update your software regularly to protect your devices from known security vulnerabilities.
- Do not share sensitive files.









Starter Kit on meWATCH



DID YOU KNOW?

You can enjoy entertainment on the go, for FREE! Watch all your favourite Mediacorp dramas and entertainment series in all languages, news and more. Plus, catch the latest dramas ahead of TV release.

STEP 1 Install the meWATCH App on your Mobile Phone

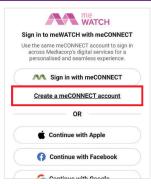
Go to the Apple App Store , Google Play Store > or HUAWEI AppGallery to download the meWATCH app and launch the application.

- 1. For iOS users, tap on 'Get' to download the app.
- 2. For Android and HUAWEI users, tap on 'Install' to download the app.

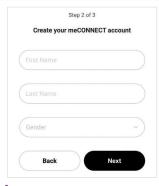
STEP 2 Create a meCONNECT account for free and sign in

You can use the same meCONNECT account across all Mediacorp's digital services.

Alternatively, sign in with your Apple, Facebook or Google account.



Create a new meCONNECT account by providing your email address.



4. Personalize it by adding in your name and date of birth.

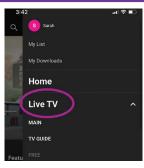


5. Tell us your favourite genre so that we will recommend shows you might like.

STEP 3 Start Watching



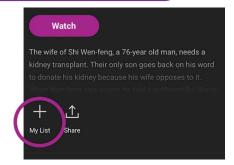
library of free programmes.



6. Discover a huge **7.** Catch your favourite TV programmes or check TV guide by tapping 'Live TV' on the menu.



8. 'Continue Watching' allows you to pick up from where you left off, across devices.



9. Bookmark programmes to watch later by tapping on 'My List'.

Cyber security tips (Credit: Content provided by Mediacorp)

- Do not disclose your login details to others as it can lead to unauthorised access to your accounts and personal information.
- Use a strong password on your device to prevent unauthorised use.
- Change your password regularly to reduce the risk of having your online account compromised.







Starter Kit on meLISTEN



DID YOU KNOW?

meLISTEN provides you with a free, personalised and interactive digital audio experience on-the-go. No matter where you go, stay plugged in with the familiar sounds of home and connect with your favourite homegrown DJs!

STEP 1 Install the meLISTEN App on your Mobile Phone

Go to the Apple App Store , Google Play Store or HUAWEI AppGallery to download the meLISTEN app and launch the application.

- 1. For iOS users, tap on 'Get' to download the app.
- **2.** For Android and HUAWEI users, tap on '**Install**' to download the app.

STEP 2 Create a meCONNECT account for free and sign in

You can use the same meCONNECT account across all Mediacorp's digital services.

Alternatively, sign in with your Facebook or your Google account.



Create a new meCONNECT account by providing your email address.



Personalize it by adding in your name and date of birth.



 Let us know your favourite radio stations and podcast preferences, and we'll suggest content, just for you!

STEP 3 Start listening to radio stations & podcasts



6. Follow your favourite radio stations and play them easily just by tapping on them!



7. Hear more of your favourite DJs with a wide variety of podcasts and discover original content all on this page!



8. Interact with them through song voting, polls, trivia, and more!



Cyber security tips (Credit: Content provided by Mediacorp)

- Do not disclose your login details to others as it can lead to unauthorised access to your accounts and personal information.
- Use a strong password on your device to prevent unauthorised use.
- Change your password regularly to reduce the risk of having your online account compromised.







Starter Kit on Facebook



DID YOU KNOW?

There is a Facebook Group feature where it allows group communication, letting people share their common interests and express their opinions.

STEP 1 Install the Facebook App on your mobile phone

Go to the Apple App Store or Google Play Store to download the Facebook App and launch the application.

- 1. For iOS users, tap on 'Get' to download the app.
- 2. For Android users, tap on 'Install' to download the app.

STEP 2 Sign Up and register for Facebook



3. Tap on 'Create New Facebook Account'. Then tap on 'Next'.



4. Follow the steps and enter your name, date of birth, gender and mobile number.



5. Create a password for your account and tap on 'Next'.
*Read the Terms & Policies and tap 'Sign up' to complete the process.

STEP 3 Add friends on Facebook and react to posts



6. On your friend profile, tap on '**Add Friend**'.

Note: Recommend to set-up your Facebook profile before adding you friends.



7. On your timeline, you can react to post by tapping on 'Like' button. Press and hold to choose your preferred reaction to the post.



8. You can also tap on 'Comment' to type your comment on the post.

Cyber security tips (Credit: Facebook)

- Pick a strong password such as a combination of at least six numbers, letters and punctuation marks (like! and &) for your account and set-up two-factor authentication (2FA) for additional account security
- Emails from Facebook about your account always come from fb.com, facebook.com or facebookmail.com. You can always visit www.facebook.com or open your Facebook app to check for important messages.
- Do not answer messages that ask for your password/credit card information or trust messages demanding money or threaten to delete or ban your account.









Starter Kit on Instagram



DID YOU KNOW?

If you do not wish to post items that will be on Instagram for long, you can create Instagram Stories that last for 24 hours only!

STEP 1 Install the Instagram App on your mobile phone

Go to the Apple App Store or Google Play Store to download the Instagram App and launch the application.

- 1. For iOS users, tap on 'Get' to download the app.
- 2. For Android users, tap on 'Install' to download the app.

STEP 2 Sign Up and register for Instagram



Launch the app. Tap on 'Sign up' to create an account.



 Enter either your 'Phone Number' or 'Email Address'. Tap on 'Next'.



 Enter 'Confirmation Code' that was either sent to your mobile number or email address. Tap on 'Next'.

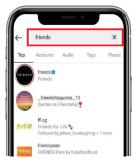


6. Follow the on-screen steps to finish setting up your profile! Tap on 'Sign Up to finish your sign up process!

STEP 3 Add friends on Instagram, add and react to posts



Tap on the magnifying glass to search for friends.



 Enter your friend's profile name and a list of profiles will appear. Tap on the person you are looking for.



9. Tap 'Follow' to add your friend's Instagram.



To like the post

To comment on the post

To share the post

10. You can react to posts by tapping on the icons.

You can also tap on the middle '+' icon to create your own post.

Cyber security tips (Credit: Facebook)



- Pick a strong password such as a combination of at least six numbers, letters and punctuation marks (like! and &) for your account and set-up two-factor authentication (2FA) for additional account security.
- Never give your password to someone you don't know and trust.
- Emails from Instagram/Facebook about your account will only come from @mail. instagram.com or @facebookmail.com.









Starter Kit on TikTok



DID YOU KNOW?

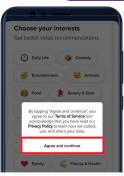
TikTok is the leading destination for short-form mobile video. Our mission is to inspire creativity and bring joy!

Install the TikTok App on your mobile phone

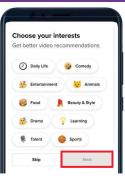
Go to the Apple App Store Apple or Google Play Store >> to download the TikTok App and launch the application.

- 1. For iOS users, tap on 'Get' to download the app.
- 2. For Android users, tap on 'Install' to download the app.

STEP 2 Sign up and register for TikTok



3. Tap on 'Agree and continue' to accept the terms and conditions.



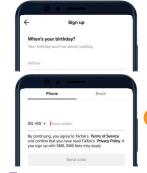
4. Choose your topics of interest and tap 'Next'.



5. Tap on the 'Me' icon 6. Sign up using your followed by 'Sign up' to create an account.



phone, email or any of your current social media accounts.



7. For phone or email option, tap to input the information and provide the verification code.

STEP 3 Record and post a video!



8. Tap on the plus '+' button to enter camera mode.



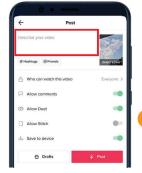
9. Tap on the red button to start recording. Tap on it again to stop recording.



10. Tap on the tick '
' icon to finish recording.



11. Add sounds, text, effects, and stickers to your video. Once done, tap 'Next'.



12. Add a caption in the description box. Tap on 'Post' to upload your video!



Cyber security tips (Credit: CSA Singapore / GoSafeOnline)

- Do not share personal or financial information online.
- Never disclose your verification code or password with anyone or unknown websites.
- Update your software regularly to protect your devices against malware.









Starter Kit on Staying Safe Online



DID YOU KNOW?

Just as we lock our doors to keep burglars out, we must learn how to secure our devices and manage our information when transacting online. Here is a checklist to help you stay safe online.

1 Use an anti-virus software and update it regularly



Anti-virus software can scan and remove harmful viruses, and block unsafe websites. Be wary of fake anti-virus apps and only install apps from official app stores.



Software updates keep your computer and devices safe from security threats. Enable automatic updates if the option is available.

2

Share your personal data with care



When sharing your personal data online, always

- a) Find out why you are being asked for your data; and
- b) Think about whether it is necessary to provide it before you do.

If you are unsure why the requested information is necessary, always seek further clarification from the organisation to better understand how your data will be used.

3

Spot Signs of Phishing

From: Singa Bank To: Mr John Tan Subject: Payment error

Please verify your account info immediately. Log on now to www.singa.com/verify.

www.abc-xyz123.com

Phishing is used by scammers to trick you to give them your personal or financial information such as login details, bank account and credit card numbers.

Beware of fake websites, emails or phone messages claiming to be from the government or service providers. Look out for misleading information. Be careful of urgent and unexpected requests for your confidential information in exchange for attractive rewards. Do not open or download any unverified links or attachments.

4

Use strong passwords and enable 2FA



Your One-Time Password (OTP) is 894326.

Create long and random passwords by using '5 different words' that you can remember (e.g. IhadKAYAtoastAT8am).

Do not reveal your password and One-Time Password (OTP) to anyone or unknown websites. When available, enable 2-factor authentication (2FA) as an additional layer of verification.

Visit https://go.gov.sg/csa-pwchecker or scan this QR code to check if your password is strong



5

Check, before we share



Fight fake news and stop their spread.

Question the source

- Verify the information
- Check with fact-checking tools e.g. Factcheck.org and www.gov.sg/Factually (for Singapore-related news)

Credit: Cyber Security Agency of Singapore, Media Literacy Council and the Personal Data Protection Commission.







NOTES



NOTES



THERE'S ALWAYS A NEW DIGITAL SKILL TO LEARN!

Upgrading your digital skills can be a lifelong learning journey! Continue to upgrade your skills by checking out some of these resources.



go.gov.sg/dp



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go.gov.sg/cybersecuritytip



DIGITAL PODS

A different online interactive class will teach you a new skill each week.

CYBERSECURITY TIPS

Now that you've learnt how to get online, learn how to stay safe online.



go.gov.sg/SeniorsLJ



go.gov.sg/LearnDigital



LEARNING JOURNEYS

Learn how to use various digital apps that will help improve your everyday life.

LEARNING PROGRAMMES

Specially tailored programmes designed to impart essential digital skills in a classroom setting are available island-wide! Scan the code to find out more.