



# SG Digital

Starter Kit on  
Instagram

## DID YOU KNOW?



If you do not wish to post items that will be on Instagram for long, you can create Instagram Stories that last for 24 hours only!

### STEP 1 Install the Instagram App on your mobile phone

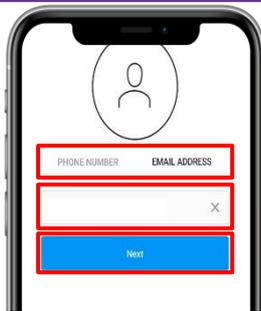
Go to the **Apple App Store**  or **Google Play Store**  to download the **Instagram App** and launch the application.

1. For iOS users, tap on **'Get'** to download the app.
2. For Android users, tap on **'Install'** to download the app.

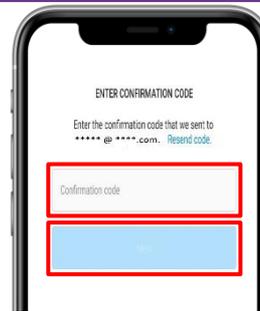
### STEP 2 Sign Up and register for Instagram



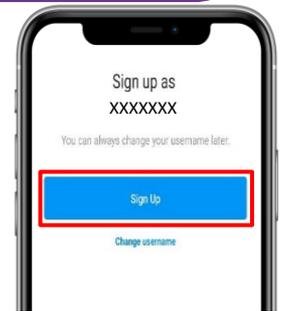
3. Launch the app. Tap on **'Sign up'** to create an account.



4. Enter either your **'Phone Number'** or **'Email Address'**. Tap on **'Next'**.

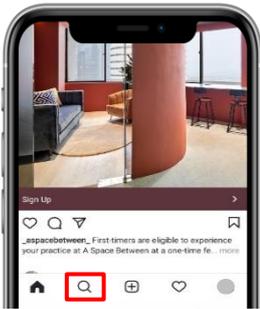


5. Enter **'Confirmation Code'** that was either sent to your mobile number or email address. Tap on **'Next'**.

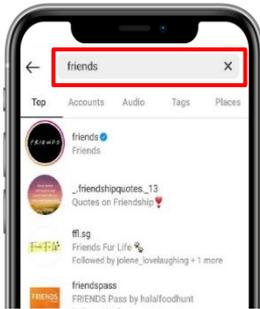


6. Follow the on-screen steps to finish setting up your profile! Tap on **'Sign Up'** to finish your sign up process!

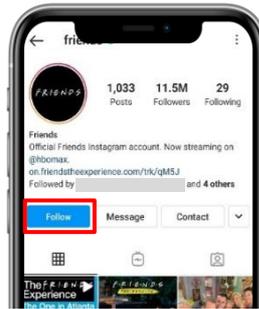
### STEP 3 Add friends on Instagram, add and react to posts



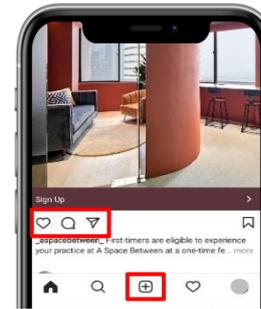
7. Tap on the magnifying glass to search for friends.



8. Enter your friend's profile name and a list of profiles will appear. Tap on the person you are looking for.



9. Tap **'Follow'** to add your friend's Instagram.



10. You can react to posts by tapping on the icons.

-  To like the post
-  To comment on the post
-  To share the post

You can also tap on the middle **'+'** icon to create your own post.

### Cyber security tips (Credit: Facebook)



- Pick a strong password such as a combination of at least six numbers, letters and punctuation marks (like ! and &) for your account and set-up two-factor authentication (2FA) for additional account security.
- Never give your password to someone you don't know and trust.
- Emails from Instagram/Facebook about your account will only come from @mail.instagram.com or @facebookmail.com.