

STAYING SAFE ON TIKTOK

Have you ever wondered how to create a safer online space for you and/or your child?

Check out this guide on TikTok's safety tools to learn how you can protect yourself and/or your child from online harms.

Privacy Preferences and Content Controls

Use **TikTok's Safety, Privacy & Content Controls** to manage your account information and privacy preferences

- Users aged below 16 will have Private accounts by default
- In Restricted Mode, you can limit the appearance of inappropriate content

Reporting Content



Report any content that violates TikTok's **Community Guidelines**. Learn how to make a report [here](#).

Parents can supervise their teen's TikTok activity through the **Family Pairing** tool which enables parents to link their TikTok account to their teen's and set controls including:

- **Screen time management:** Control how long your teen can spend on TikTok each day
- **Direct Messages:** Restrict who can send messages to your teen, or turn off direct messaging completely



Parental Supervision and Resources

TikTok has the **Guardian's Guide** and **Family Safety Toolkit** to support teens in staying safe online with resources, tips and tools.

Managing Screen Time

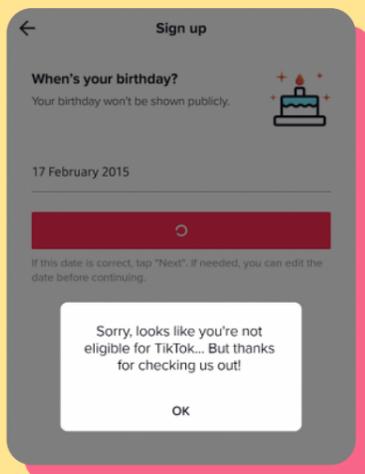


Decide how much time you'd like to spend on TikTok daily with the **Screen Time Management** feature.

The screen time dashboard gives users data about how and when they use TikTok. Users can opt-in for 'Weekly screen time updates' insights to help them make more intentional decisions about their usage.

TikTok has a 12+ App Store rating in the Apple App and Google Play stores. This enables parents to use device-based controls to prevent their child from downloading TikTok.

To set up a TikTok account, users must provide their date of birth. Underage users will not be able to proceed with account set up.



Protecting young users

TikTok's Safety Center provides guides on safety, privacy, and security for users to manage their experience.

TikTok's **Bullying Prevention Guide** provides support for teens, caregivers, and educators looking for information to identify and address bullying and related forms of abuse.



The TikTok's **Digital Wellness Hub** is an in-app, one-stop portal for mental and cyber wellness resources and educational content, including helplines for those in need. To access the portal, users can search for the keyword 'mental health' in the TikTok app.

TikTok's **Youth Portal** features best practices on personal privacy and account security, and shares with youths tips on being good digital citizens.

Check out more resources

*Information accurate as of Mar 2023. Please visit the [Safety Center](#) for latest updates

