

A Guide To
Parental Controls
For
Facebook

Facebook is a popular social media site that you are more likely to use than your child. Nonetheless, it has detailed privacy settings that allow you to control the types of information about your child that will be made public.

What types of content can I restrict?



Inappropriate content



Sharing data

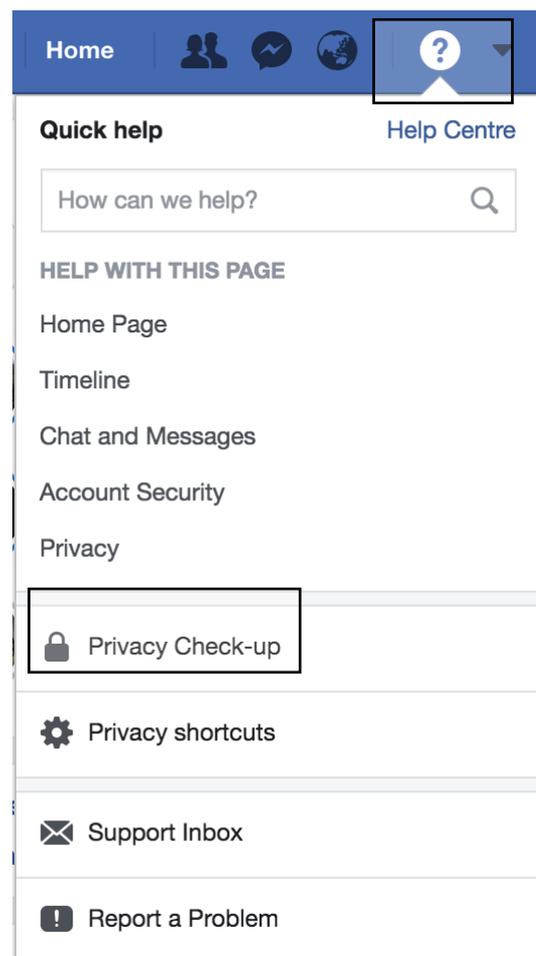


Social networking

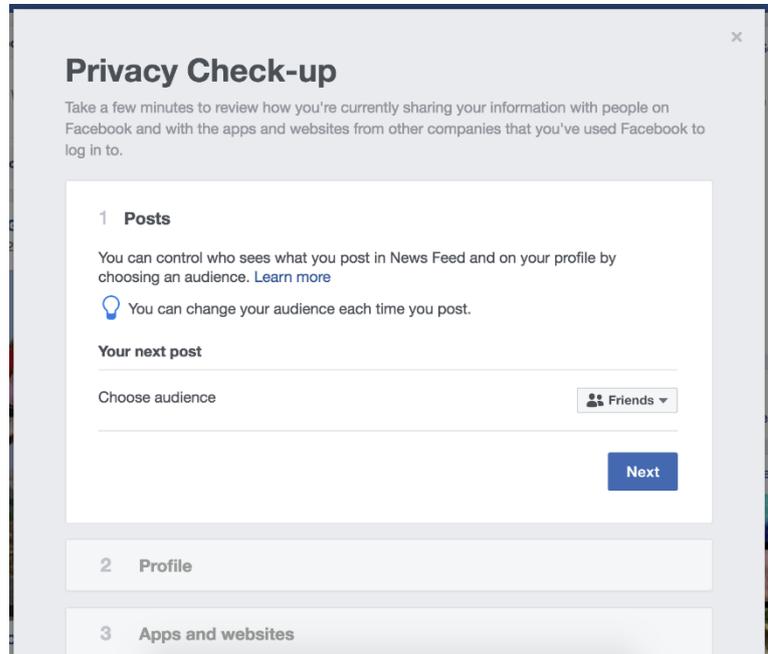
Navigating the privacy settings is quite easy. When your child is setting up their account, navigate the privacy settings together to decide on what you are both comfortable with.

What do I do?

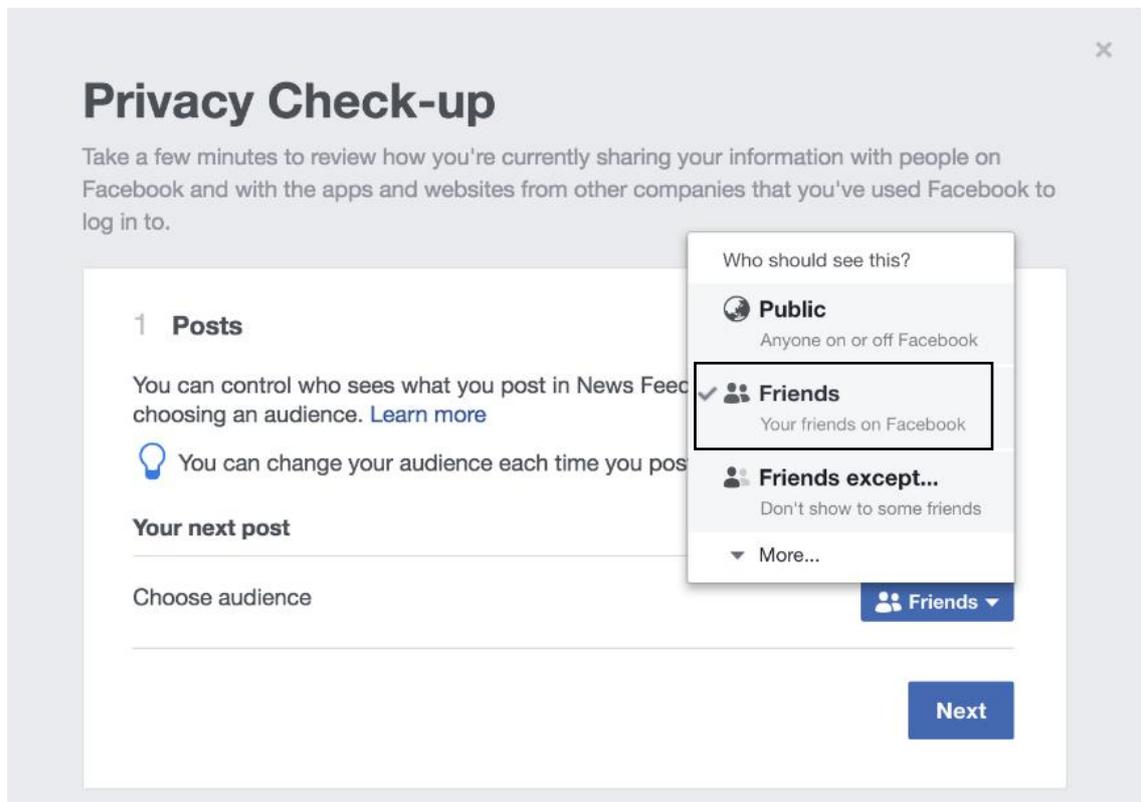
1. On Facebook, click the ? button at the top right corner of the page.
2. Then, click **Privacy Check-up**.



3. The **Privacy Check-up** pop-up box will appear. This comes in three parts, and helps to ensure that your child's personal information stays private online.



4. The first section lets you choose who can see your child's content. Select **Friends** so that only people they know and trust see their posts.



5. The second section lets you decide who should see your child's profile, which is the information they entered when they signed up, e.g., phone number, email, birthday. You can set this to Friends or, to be safer, **Only Me**.

2 Profile

Have a look at this information from your profile and decide who to share it with. Remember that your profile may include more than what's here. [See my About page.](#)

 Visit the [About](#) section of your profile to see all of your information.

Phone	<input type="text"/>	<input type="button" value="🔒 Only me ▼"/>
Email	<input type="text"/>	<input type="button" value="🔒 Only me ▼"/>
Birthday	<input type="text"/> <input type="text"/>	<input type="button" value="👤 Friends ▼"/> <input type="button" value="🔒 Only me ▼"/>
Home Town	Singapore	<input type="button" value="🔒 Only me ▼"/>

- The third section shows you the apps and websites that your child's Facebook is linked to. Here, you can change who sees these apps and remove those that you do not like. Go through this list and **Remove** any that you do not know or approve of. Change the setting for people who can see them to **Only Me**.

3 Apps and websites

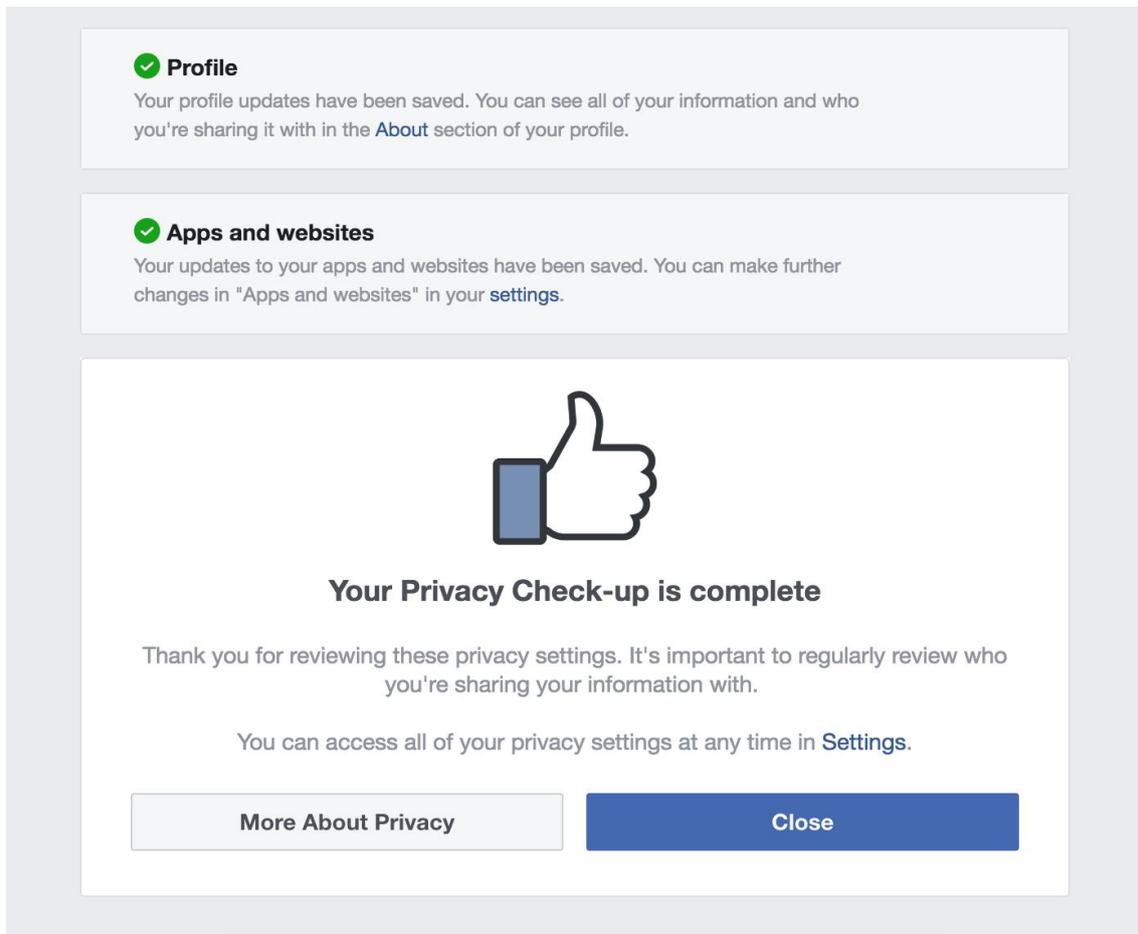
Here are apps and websites from other companies that you've used Facebook to log in to. You can edit who on Facebook can see the apps and websites you use and also remove any that you don't want. [Learn More](#)

Apps and websites

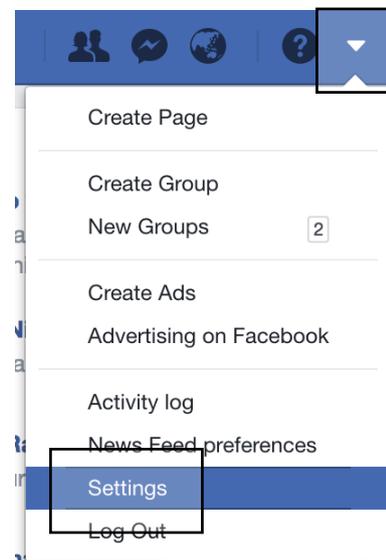
<input type="checkbox"/>	 Pinterest	 Only me ▾
<input type="checkbox"/>	 QuizzStar	 Only me ▾
<input type="checkbox"/>	 Spotify	 Only me ▾
<input type="checkbox"/>	 nametests.com	 Only me ▾
<input type="checkbox"/>	 Airbnb	 Only me ▾

[Remove](#) [Back](#) [Finish](#)

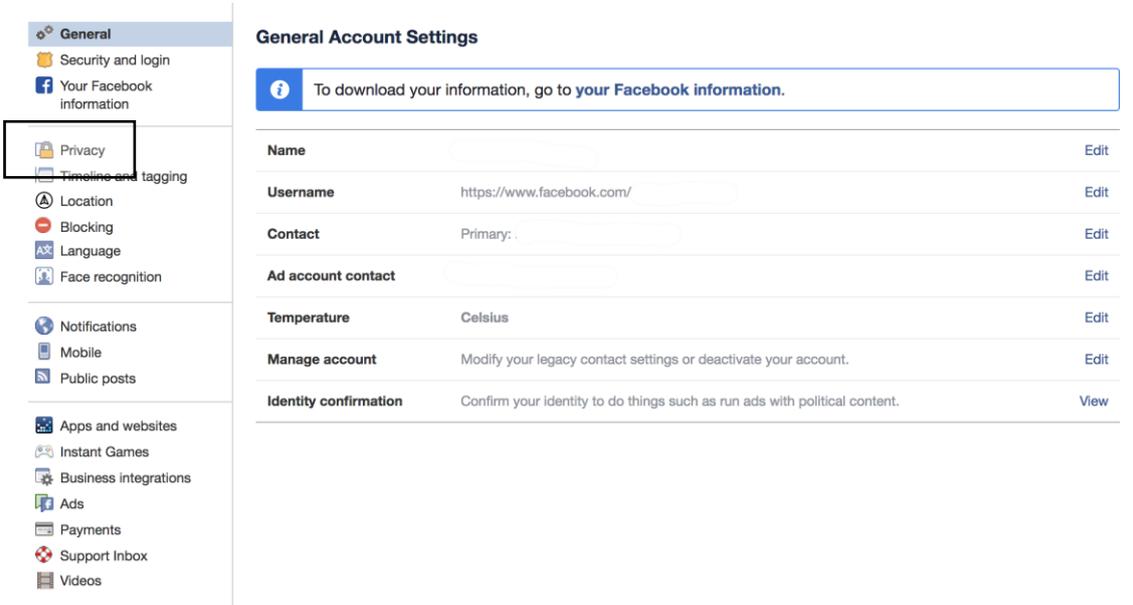
7. The pop-up box will say that the Privacy Check-up is complete. Click **Close**.



8. Return to the main Facebook page. Now, click the downward-pointing arrow at the top right corner of the page.
9. Click **Settings**.



10. On the main settings page, click **Privacy** on the navigation bar on the left.

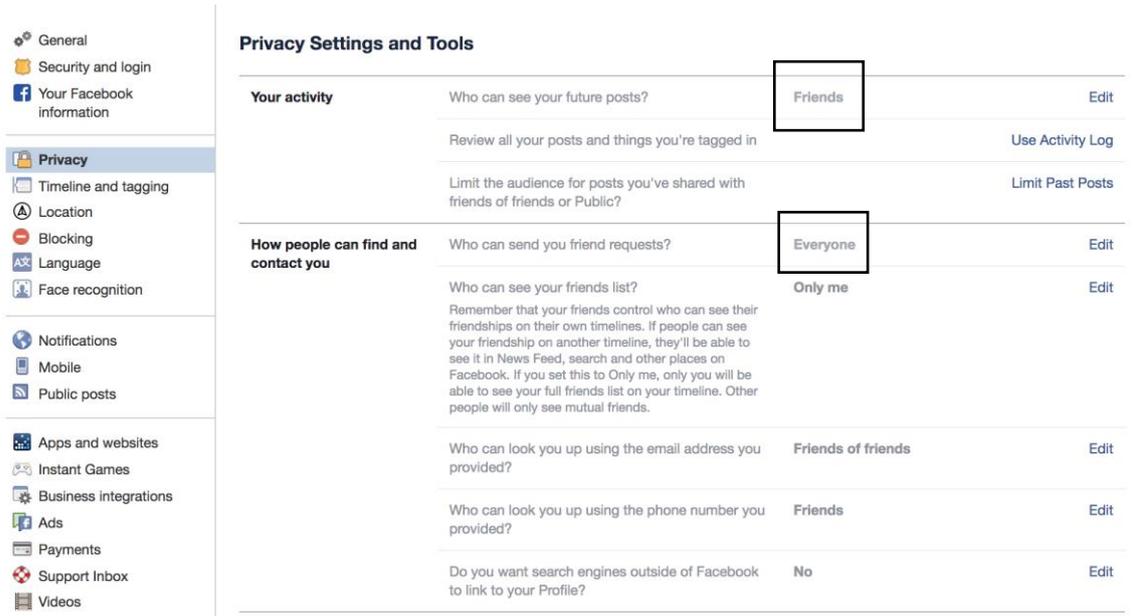


General Account Settings

To download your information, go to [your Facebook information](#).

Name	<input type="text"/>	Edit
Username	https://www.facebook.com/	Edit
Contact	Primary: <input type="text"/>	Edit
Ad account contact	<input type="text"/>	Edit
Temperature	Celsius	Edit
Manage account	Modify your legacy contact settings or deactivate your account.	Edit
Identity confirmation	Confirm your identity to do things such as run ads with political content.	View

11. On the main Privacy Settings and Tools page, make sure that the section ‘Who can see your posts?’ says **Friends** if you selected that option earlier. Then, look at the section that says ‘Who can send you friend requests?’



Privacy Settings and Tools

Your activity	Who can see your future posts?	Friends	Edit
	Review all your posts and things you're tagged in		Use Activity Log
	Limit the audience for posts you've shared with friends of friends or Public?		Limit Past Posts
How people can find and contact you	Who can send you friend requests?	Everyone	Edit
	Who can see your friends list?	Only me	Edit
	Remember that your friends control who can see their friendships on their own timelines. If people can see your friendship on another timeline, they'll be able to see it in News Feed, search and other places on Facebook. If you set this to Only me, only you will be able to see your full friends list on your timeline. Other people will only see mutual friends.		
	Who can look you up using the email address you provided?	Friends of friends	Edit
	Who can look you up using the phone number you provided?	Friends	Edit
	Do you want search engines outside of Facebook to link to your Profile?	No	Edit

12. If this says **Everyone**, click it to change it to **Friends of friends**. This way, strangers will not be able to add your child as a friend on Facebook.

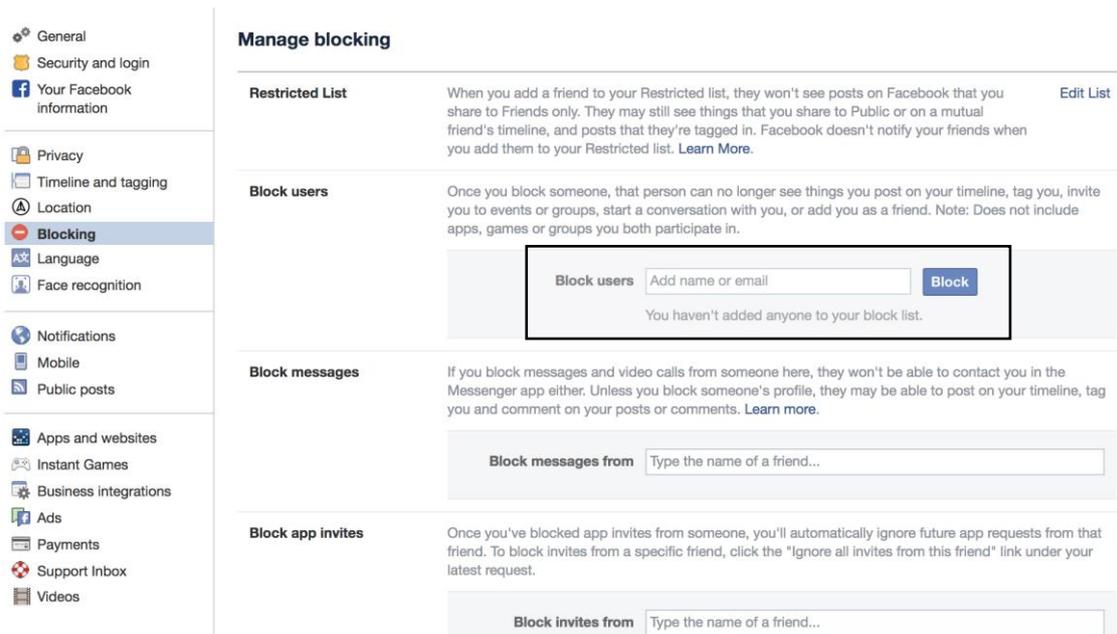
You can also change other settings, such as who can search for your child online using their email address or phone number. Change these to **Friends of friends** or, to be safer, **Friends**.

For the option to link search engines outside Facebook to their Profile, select **No**.

Privacy Settings and Tools

Your activity	Who can see your future posts?	Friends	Edit
	Review all your posts and things you're tagged in		Use Activity Log
	Limit the audience for posts you've shared with friends of friends or Public?		Limit Past Posts
How people can find and contact you	Who can send you friend requests?		Close
	<div style="border: 1px solid #ccc; padding: 5px; margin-bottom: 5px;"> <input type="radio"/> Everyone </div> <div style="border: 1px solid #ccc; padding: 5px; margin-bottom: 5px;"> <input checked="" type="radio"/> Everyone </div> <div style="border: 1px solid #ccc; padding: 5px;"> <input type="radio"/> Friends of friends </div>	Only me	Edit
	<p><small>Control who can see their friendships on their own timelines. If people can see your friendship on another timeline, they'll be able to see it in News Feed, search and other places on Facebook. If you set this to Only me, only you will be able to see your full friends list on your timeline. Other people will only see mutual friends.</small></p>		
	Who can look you up using the email address you provided?	Friends of friends	Edit
	Who can look you up using the phone number you provided?	Friends	Edit
	Do you want search engines outside of Facebook to link to your Profile?	No	Edit

13. On the navigation bar on the left, click **Blocking**. If your child ever feels threatened or upset by someone online, they can enter their name or email to block them.



The screenshot shows the Facebook 'Manage blocking' settings page. On the left is a navigation menu with 'Blocking' highlighted. The main content area is titled 'Manage blocking' and contains three sections: 'Restricted List', 'Block users', and 'Block messages'. The 'Block users' section includes a form to add names or emails to a block list, which is currently empty. The 'Block messages' section includes a form to block messages from specific friends. The 'Block app invites' section includes a form to block app invites from specific friends.

Manage blocking

Restricted List Edit List
When you add a friend to your Restricted list, they won't see posts on Facebook that you share to Friends only. They may still see things that you share to Public or on a mutual friend's timeline, and posts that they're tagged in. Facebook doesn't notify your friends when you add them to your Restricted list. [Learn More](#).

Block users
Once you block someone, that person can no longer see things you post on your timeline, tag you, invite you to events or groups, start a conversation with you, or add you as a friend. Note: Does not include apps, games or groups you both participate in.

Block users
You haven't added anyone to your block list.

Block messages
If you block messages and video calls from someone here, they won't be able to contact you in the Messenger app either. Unless you block someone's profile, they may be able to post on your timeline, tag you and comment on your posts or comments. [Learn more](#).

Block messages from

Block app invites
Once you've blocked app invites from someone, you'll automatically ignore future app requests from that friend. To block invites from a specific friend, click the "Ignore all invites from this friend" link under your latest request.

Block invites from